

Wendy's FirstKitchen Allergens and Nutrition List

Updated : 2024/04/18



The following is based on an investigation of raw materials in accordance with the Food Labeling Act,

◆Nutritional component values are based on analytical values or the Standard Tables of Food Composition in Japan, 7th Edition. Values shown are standard values based on formulation. Since each product is handmade, there may be errors in the numerical values of the actual product. ◆Allergy information may contain ingredients that are not originally used in the product, mixed in during factory production or store cooking, and some ingredients may differ depending on the store, and therefore are not absolute. When in doubt, please consult with your doctor prior purchase.

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	Specified ingredients								Items equivalent to specified ingredients												※ Seafood	Calories kcal	Protein g	Fat g	Carbohydrates g	Saccharides g	Dietary fiber g	Salt equivalent g							
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean									13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple
Burger																																			
Teriyaki Avocado Egg Burger	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	754	36.7	55.1	36.9	33.7	3.2	4.8	
Teriyaki Avocado Egg Chicken Burger	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	▲	876	33.3	53.4	46.3	43.2	3.1	4.1
Jr. Teriyaki Avocado Egg Burger	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	479	24.1	30.9	30.5	28.2	2.3	3.4	
WILD☆ROCK	▲	△	○	○	▲										○	▲			○	▲	▲	▲	○	▲	▲	▲	▲	870	58.0	77.5	4.8	3.4	1.4	4.4	
Wendy's Burger USA Single	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	578	32.5	40.9	29.7	28.0	1.7	3.5	
Wendy's Burger USA Double	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	925	60.4	70.8	31.4	29.1	2.3	5.3	
Wendy's Burger USA Triple	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	1,271	88.3	100.8	32.6	29.8	2.8	7.2	
Baconator USA Single	▲	○	○	○	▲										○	△			○	▲	○	▲	▲	▲	▲	▲	▲	666	36.3	49.3	28.4	27.1	1.3	3.8	
Baconator USA Double	▲	○	○	○	▲										○	△			○	▲	○	▲	▲	▲	▲	▲	▲	1,019	63.2	80.1	29.6	27.8	1.8	5.6	
Wendy's Bacon Egg Burger	▲	○	○	○	▲										○	△			○	▲	○	▲	○	▲	○	▲	▲	613	37.9	42.3	29.3	27.9	1.4	3.8	
Wendy's Cheese Bacon Egg Burger	▲	○	○	○	▲										○	△			○	▲	○	▲	○	▲	○	▲	▲	658	40.5	46.0	29.6	28.2	1.4	4.2	
Teriyaki Burger	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	537	29.8	37.4	30.1	28.7	1.4	3.2	
Hamburger★	▲	○	△	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	298	12.8	15.5	27.0	25.8	1.2	2.2	
Cheeseburger★	▲	○	△	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	343	15.4	19.2	27.2	26.0	1.2	2.5	
Tomato Basil Chicken Fillet Burger	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	595	26.3	27.9	41.6	40.1	1.5	3.1	
Chicken Club Sandwich	▲	○	○	○	▲										▲	△			○	○	○	▲	▲	▲	▲	▲	▲	733	30.1	42.3	39.0	37.4	1.6	3.2	
Chicken Club Sandwich Double	▲	○	○	○	▲										▲	△			○	○	○	▲	▲	▲	▲	▲	▲	1,157	52.0	66.8	49.3	47.4	1.9	4.5	
Teriyaki Chicken Burger	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	659	26.4	35.7	39.4	38.1	1.3	3.0	
Teriyaki Chicken Burger Double	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	1,083	48.3	60.1	49.9	48.2	1.7	4.4	
Chicken Fillet Burger USA	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	643	26.3	35.5	37.0	35.7	1.3	2.5	
Chicken Fillet Burger USA Double	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	1,071	48.2	60.0	47.4	45.7	1.7	3.8	
Spicy Chicken Fillet Burger USA	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	614	26.3	35.9	44.0	42.4	1.6	3.2	
Spicy Chicken Fillet Burger USA Double	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	1,005	48.2	60.9	61.4	59.3	2.1	5.2	
Crispy Chicken Burger	▲	○	○	○	▲										▲	△			○	○	▲	▲	▲	▲	▲	▲	▲	539	22.4	32.3	37.7	35.8	1.9	2.2	
Jr.Cheese Burger Deluxe	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	419	15.7	27.0	28.2	26.7	1.5	2.8	
Jr.Bacon Egg Burger	▲	○	○	○	▲										○	△			○	▲	○	▲	○	▲	○	▲	▲	455	21.1	28.4	27.9	26.7	1.2	2.7	
Jr.Cheese Bacon Egg Burger	▲	○	○	○	▲										○	△			○	▲	○	▲	○	▲	○	▲	▲	501	23.7	32.1	28.1	26.9	1.2	3.1	
Jr.Teriyaki Burger	▲	○	○	○	▲										○	△			○	▲	▲	▲	▲	▲	▲	▲	▲	379	13.1	23.5	28.7	27.4	1.3	2.6	
Roast Beef Sandwich★	▲	○	△	○	▲	△	△					△	△	△	○	△	△	△	○	△	△	○	△	△	△	△	△	673	48.0	37.7	45.7	43.1	2.6	7.0	
Pasta ★																																			
Napolitan Pasta	▲	○	○	○	▲										▲	▲			○	▲	○	▲	▲	▲	▲	▲	529	15.5	14.6	85.8	81.3	4.5	2.6		
Meat Sauce Pasta	▲	○	○	○	▲										○	▲			○	○	○	▲	▲	▲	▲	▲	▲	534	18.1	17.9	77.1	72.8	4.3	2.9	
Shrimp Avocado Genovese Pasta	○	○	○	○	○										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	579	18.4	24.3	73.4	68.7	4.7	3.1	
Carbonara Spaghetti	▲	○	○	○	▲										▲	▲			○	○	○	▲	▲	▲	▲	▲	▲	546	17.8	20.4	73.7	70.7	3.0	2.6	
Tomato Sauce Pasta with Mozzarella and Bacon	△	△	○	○	○	▲	△			△	△	△	△	△	○	○	△	○	○	○	▲	▲	▲	▲	▲	▲	▲	662	26.7	24.9	80.2	73.4	6.8	4.2	
Seasoned Hakata Cod Roe Spaghetti	▲	○	○	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	469	14.9	13.8	73.2	69.8	3.4	3.9	

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Morning Menu																																		
B•E•L•T Sandwich	▲	○	○	○	▲										▲	△			○	▲		○	▲	▲	▲	▲	▲	414	14.6	26.7	27.3	26.3	1.0	2.5
Breakfast Baconator	▲	○	○	○	▲										▲	△			○	▲		○	▲	▲	▲	▲	▲	533	24.2	34.6	29.6	28.9	0.7	3.3
Breakfast Sandwich	▲	○	○	○	▲										▲	△			○	▲		○	▲	▲	▲	▲	▲	390	14.3	23.6	30.1	28.5	1.6	1.9
Bacon Egg & Cheese Sandwich	▲	○	○	○	▲										▲	△			○	▲		○	▲	▲	▲	▲	▲	329	15.0	18.1	25.1	24.1	1.0	2.0
Sausage Egg & Cheese Sandwich	▲	○	○	○	▲										▲	△			○	▲		○	▲	▲	▲	▲	▲	444	22.5	26.8	27.3	26.2	1.1	2.4
Topping																																		
Beef Patty (S)	▲	△	△	△	▲										○	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	151	7.9	13.1	0.3	0.3	0.0	0.3
Beef Patty (L)	▲	△	△	△	▲										○	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	301	25.3	26.2	1.0	0.5	0.5	0.5
Bacon 3pieces	▲	▲	▲	▲	▲										▲	▲			▲	▲	○	▲	▲	▲	▲	▲	52	1.6	4.7	0.3	0.3	0.0	0.3	
Sliced Cheese 1piece	▲	▲	▲	○	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	45	2.5	3.7	0.2	0.2	0.0	0.4
Cheese Source	▲	▲	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	28	0.7	1.4	0.9	0.9	0.0	0.3
Chili for Chili & Cheese Fries	▲	△	△	△	▲										○	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	32	1.7	1.5	3.1	2.6	0.5	0.3
Pickles 2pieces	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	1	0.1	0.1	0.2	0.2	0.0	0.2
Lettuce	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	2	0.1	0.1	0.3	0.2	0.1	0.0
Onion	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	1	0.1	0.1	0.2	0.1	0.1	0.0
Sliced Tomatoes 1piece	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	4	0.2	0.1	1.0	0.8	0.2	0.0
Dip Potato																																		
Dip Potato (S)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	231	2.8	13.1	26.6	24.5	2.1	1.3
Dip Potato (M)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	352	4.2	19.9	40.5	37.3	3.2	2.0
Dip Potato (L)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	462	5.5	26.1	53.1	49.0	4.1	2.6
Dip Potato (Box)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	923	11.0	52.1	106.3	97.9	8.4	5.2
(BBQ)		○																	○									23	0.1	0.2	5.4	5.2	0.2	0.4
(Honey Mustard)																										○		34	0.2	2.1	3.6	3.5	0.1	0.3
(Garlic Mayo)					○											○												42	0.2	3.3	2.9	2.8	0.1	0.5
(Smoked Cheese)					○	○																						30	0.7	2.6	1.7	1.7	0.0	0.5
(Cod roe mayo)		○		○														○	○									72	0.1	7.4	0.7	0.7	0.0	0.5

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Potato																																		
Plain(salt) (S)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	231	2.8	13.1	26.6	24.5	2.1	1.3
Plain(salt) (M)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	352	4.2	19.9	40.5	37.3	3.2	2.0
Plain(salt) (L)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	462	5.5	26.1	53.1	49.0	4.1	2.6
Plain(salt) (Box)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	923	11.0	52.1	106.3	97.9	8.4	5.2
Salted Lemon Flavor French Fries (M)	▲	○	▲	▲	▲										▲	▲			○	▲	▲	○	▲	▲	▲	▲	361	4.4	19.9	42.7	39.5	3.2	2.6	
Salted Lemon Flavor French Fries (L)	▲	○	▲	▲	▲										▲	▲			○	▲	▲	○	▲	▲	▲	▲	471	5.7	26.1	55.3	51.1	4.2	3.2	
Salted Lemon Flavor French Fries (箱)	▲	○	▲	▲	▲										▲	▲			○	▲	▲	○	▲	▲	▲	▲	942	11.3	52.2	110.6	102.2	8.4	6.4	
Cheddar x Goda Cheese Flavored (M)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	364	4.9	20.3	42.0	38.7	3.3	2.8	
Cheddar x Goda Cheese Flavored (L)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	474	6.2	26.5	54.7	50.4	4.3	3.4	
Cheddar x Goda Cheese Flavored (Box)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	948	12.4	53.0	109.3	100.8	8.5	6.8	
Savory Steamed Potato Butter Flavor (M)	▲	○	▲	○	▲										○	○			○	○	○	○	○	▲	▲	○	364	4.8	20.1	42.4	39.1	3.3	2.8	
Savory Steamed Potato Butter Flavor (L)	▲	○	▲	○	▲										○	○			○	○	○	○	○	▲	▲	○	474	6.1	26.4	54.9	50.7	4.2	3.4	
Savory Steamed Potato Butter Flavor (Box)	▲	○	▲	○	▲										○	○			○	○	○	○	○	▲	▲	○	946	12.2	52.6	109.9	101.4	8.5	6.7	
Seasoned Hakata Cod Roe Flavor (M)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	362	4.6	20.0	42.5	39.2	3.3	3.0	
Seasoned Hakata Cod Roe Flavor (L)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	473	5.9	26.2	55.1	50.9	4.2	3.6	
Seasoned Hakata Cod Roe Flavor (Box)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	944	11.7	52.3	110.3	101.8	8.5	7.1	
Burnt Butter Soy Sauce Flavor (M)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	363	4.6	20.0	42.7	39.5	3.2	2.8	
Burnt Butter Soy Sauce Flavor (L)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	473	5.9	26.2	55.4	51.2	4.2	3.4	
Burnt Butter Soy Sauce Flavor (Box)	▲	○	▲	○	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	945	11.7	52.3	110.7	102.3	8.4	6.8	
Chicken Consomme Flavor (M)	▲	○	▲	○	▲										▲	▲			○	○	○	○	▲	▲	○	▲	363	4.7	20.0	42.5	39.2	3.3	2.9	
Chicken Consomme Flavor (L)	▲	○	▲	○	▲										▲	▲			○	○	○	○	▲	▲	○	▲	473	6.0	26.2	55.1	50.9	4.2	3.5	
Chicken Consomme Flavor (Box)	▲	○	▲	○	▲										▲	▲			○	○	○	○	▲	▲	○	▲	944	12.0	52.3	110.2	101.7	8.5	6.9	
Round Hash Browns (3pcs)	▲	▲	▲	▲	▲										▲	▲			○	▲	▲	▲	▲	▲	▲	▲	230	1.3	18.6	13.9	12.6	1.3	0.8	
Side Menu																																		
Chicken Nuggets 5pcs	▲	○	○	○	▲										▲	▲			○	○	▲	▲	▲	▲	▲	▲	384	13.0	32.0	9.0	8.2	0.8	1.9	
Chicken Nuggets 10pcs	▲	○	○	○	▲										▲	▲			○	○	▲	▲	▲	▲	▲	▲	767	26.0	64.0	18.0	16.4	1.6	3.8	
(BBQ)		○																	○								23	0.1	0.2	5.4	5.2	0.2	0.4	
(Honey Mustard)																									○			34	0.2	2.1	3.6	3.5	0.1	0.3
(Garlic Mayo)				○															○									42	0.2	3.3	2.9	2.8	0.1	0.5
(Smoked Cheese)				○	○																							30	0.7	2.6	1.7	1.7	0.0	0.5
(Cod roe mayo)		○	○															○	○									72	0.1	7.4	0.7	0.7	0.0	0.5
Fried Chicken 1pcs	▲	○	○	○	▲										▲	▲			○	○	▲	▲	▲	▲	▲	▲	508	14.2	41.6	16.8	16.4	0.4	1.4	
Chicken Fillet BOX (6pcs)	▲	○	▲	○	▲										▲	▲			○	○	▲	▲	▲	▲	▲	▲	2,544	131.4	147.0	62.4	60.0	2.4	8.4	
Wendy's Chili (M)	▲	▲	▲	▲	▲										○	▲			▲	▲	▲	▲	▲	▲	▲	▲	210	15.2	12.6	14.5	10.0	4.5	2.2	
Wendy's Chili (L)	▲	▲	▲	▲	▲										○	▲			▲	▲	▲	▲	▲	▲	▲	▲	296	21.5	17.8	20.4	14.1	6.3	3.1	
Hot chili seasoning															○													6	0.0	0.1	1.3	1.3	0.0	0.7

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	Specified ingredients								Items equivalent to specified ingredients												※ Seafood	Calories kcal	Protein g	Fat g	Carbohydrates g	Saccharides g	Dietary fiber g	Salt equivalent g							
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean									13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple
Side Menu																																			
French Fries Chili&Cheese	▲		△		△	○	▲								○	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	▲	346	7.4	17.8	40.4	36.8	3.6	2.3
Share Pack (A)(For 1~2 people)	▲		○		○	○	▲								▲	▲			○	○	▲	▲	▲	▲	▲	▲	▲	▲	1,694	62.3	107.1	82.9	77.2	5.7	7.3
Share Pack (B)(For 1~2 people)	▲		○		▲	○	▲								▲	▲			○	○	▲	▲	▲	▲	▲	▲	▲	▲	1,771	54.8	101.1	127.1	117.9	9.2	8.0
Dessert																																			
Supernal Matcha® Pudding Dango, Azuki and Softserve	▲		△		△	○	▲	△			△	△	▲	△					○	△	△	▲	△	△	△	△	○	359	6.6	13.4	53.9	52.0	1.9	0.4	
High-Roasted Tea Pudding Dango, Azuki and Softserve	▲		△		△	○	▲	△			△	△	▲	△					○	△	△	▲	△	△	△	△	○	359	6.3	13.4	54.2	52.1	2.1	0.4	
Supernal Matcha® Pudding Dango and Azuki	▲		△		△	○	▲	△			△	△	▲	△					○	△	△	▲	△	△	△	△	○	231	3.8	8.1	36.5	34.7	1.8	0.2	
High-Roasted Tea Pudding Dango and Azuki	▲		△		△	○	▲	△			△	△	▲	△					○	△	△	▲	△	△	△	△	○	231	3.5	8.1	36.9	34.9	2.0	0.2	
Dango, Azuki & Softserve	▲		▲		▲	○	▲								▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	291	6.3	6.9	51.2	49.1	2.1	0.3	
Soft Serve Shake Supernal Matcha® Azuki	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	298	7.3	10.2	44.5	42.2	2.3	0.4	
Soft Serve Shake High-Roasted Tea Azuki	▲		▲		▲	○	▲								▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	298	7.2	10.2	44.8	42.2	2.6	0.4	
Mini Pancakes - with Butter Sauce 7 pcs	▲		○	△	○	○	▲								▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	261	4.3	15.8	25.5	24.8	0.7	0.9	
Mini Pancakes - with Butter Sauce 28pcs	▲		○	△	○	○	▲								▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	976	17.1	56.6	99.8	97.0	2.8	2.9	
Hot Drink																																			
Coffee (S)	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	8	0.4	0.0	1.3	—	—	0.0	
Coffee (M)	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	10	0.5	0.0	1.6	—	—	0.0	
Caffe Latte (S)	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	59	3.1	3.1	4.5	—	—	0.1	
Caffe Latte (M)	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	78	4.1	4.1	6.0	—	—	0.2	
Supernal Matcha Latte	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	88	4.9	4.6	6.8	6.0	0.8	0.2	
High-Roasted Tea Latte	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	88	4.8	4.6	7.0	6.0	1.0	0.2	
Supernal Matcha®	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	4	0.3	0.1	0.4	0.0	0.4	0.0	
High-Roasted Tea	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	4	0.3	0.1	0.5	0.0	0.5	0.0	
Darjeeling Tea	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	0	0.0	0.0	0.0	0.0	0.0	0.0	
Peach Tea	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	○	▲	▲	▲	31	0.2	0.0	8.0	—	—	0.0	

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Specified ingredients								Items equivalent to specified ingredients												※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent															
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	9	10	11	12									13	14	15	16	17	18	19	20	kcal	g	g	g	g	g	g
Shrimp	Crab	Wheat	Buckwheat	Egg	Dairy products	Peanut	Walnut	Almond	Abalone	Squid	Salmon roe	Orange	Cashewnut	Kiwi fruit	Beef	Sesame	Salmon	Mackerel	Soybean									Chicken	Banana	Pork	Matsutake mushroom	Peach	Yam	Apple	Gelatin							

Cold Drink																																		
Coffee (S)	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	7	0.3	0.0	1.1	—	—	0.0	
Coffee (M)	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	12	0.6	0.0	2.0	—	—	0.0
Coffee (L)	▲	▲	▲	▲	▲										▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	14	0.7	0.0	2.5	—	—	0.0
Caffe Latte (S)	▲	▲	▲	▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	49	2.6	2.6	3.8	—	—	0.1
Caffe Latte (M)	▲	▲	▲	▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	90	4.8	4.8	7.0	—	—	0.2
Caffe Latte (L)	▲	▲	▲	▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	122	6.5	6.5	9.3	—	—	0.2
Black Tea	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	10	0.2	0.0	2.3	2.3	0.0	0.1
Peach Tea	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	○	▲	▲	▲	46	0.2	0.0	12.0	—	—	0.0
Supernal Matcha® Latte (S)	▲	▲		▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	88	4.9	4.6	6.8	6.0	0.8	0.2
Supernal Matcha® Latte (M)	▲	▲		▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	156	8.8	8.1	12.3	10.7	1.6	0.3
High-Roasted Tea Latte (S)	▲	▲		▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	88	4.8	4.6	7.0	6.0	1.0	0.2
High-Roasted Tea Latte (M)	▲	▲		▲	○	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	156	8.6	8.1	12.6	10.7	1.9	0.3
Supernal Matcha® (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	5	0.4	0.1	0.5	0.0	0.5	0.0
Supernal Matcha® (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	7	0.6	0.1	0.8	0.0	0.8	0.0
High-Roasted Tea (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	5	0.3	0.1	0.6	0.0	0.6	0.0
High-Roasted Tea (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	7	0.5	0.1	1.0	0.0	1.0	0.0
Pepsi Cola (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	69	0.0	0.0	17.0	17.0	0.0	0.1
Pepsi Cola (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	109	0.0	0.0	27.2	27.2	0.0	0.1
Pepsi Cola (L)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	205	0.0	0.0	51.0	51.0	0.0	0.1
Melon Soda (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	69	0.0	0.0	17.1	17.1	0.0	0.1
Melon Soda (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	110	0.0	0.0	27.4	27.4	0.0	0.1
Melon Soda (L)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	206	0.0	0.0	51.3	51.3	0.0	0.1
7up (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	114	0.0	0.0	28.5	28.5	0.0	0.1
7up (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	182	0.0	0.0	45.5	45.5	0.0	0.2
7up (L)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	231	0.0	0.0	57.8	57.8	0.0	0.2
Lemonade (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	73	0.2	0.0	18.3	18.3	0.0	0.1
Lemonade (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	122	0.2	0.0	30.5	30.5	0.0	0.1
Lemonade (L)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	219	0.4	0.0	54.9	54.9	0.0	0.2
Oolong Tea (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	2	0.0	0.0	0.4	0.4	0.0	0.1
Oolong Tea (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	3	0.0	0.0	0.5	0.5	0.0	0.1
100%Apple juice (S)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	○	▲	▲	113	0.4	0.0	27.9	27.9	0.0	0.1
100%Apple juice (M)	▲	▲		▲	▲	▲									▲	▲			▲	▲	▲	▲	▲	▲	○	▲	▲	181	0.7	0.0	44.5	44.5	0.0	0.1

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Event ★	Specified ingredients								Items equivalent to specified ingredients												※ Seafood	Calories kcal	Protein g	Fat g	Carbohydrates g	Saccharides g	Dietary fiber g	Salt equivalent g							
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean									13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple
Shaved Ice with Soft Serve - Strawberry	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	194	2.8	5.3	35.2	35.1	0.1	0.3
Shaved Ice with Soft Serve - Blue Hawaii	▲		▲		▲	○	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	194	2.8	5.3	35.2	35.1	0.1	0.3
Shaved ice(strawberry)	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	110	0.0	0.0	29.7	29.7	0.0	0.1
Shaved ice(strawberry) (Big)	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	175	0.0	0.0	47.5	47.5	0.0	0.1
Shaved ice(Blue hawaii)	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	110	0.0	0.0	29.7	29.7	0.0	0.1
Shaved ice(Blue hawaii) (Big)	▲		▲		▲	▲	▲								▲	▲			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	175	0.0	0.0	47.5	47.5	0.0	0.1
Frankfurter sausage	▲		▲		▲	○	▲								○	▲			○	○	○	○	○	▲	▲	▲	▲	271	9.9	24.2	2.4	—	—	1.5	
Fried Chicken 5pcs	▲		○		○	○	▲								▲	▲			○	○	▲	▲	▲	▲	▲	▲	▲	558	16.1	46.4	17.5	16.7	0.9	2.1	
MINI Fried gyoza (Cheese)	▲		○		○	○	▲								▲	▲			○	▲	▲	▲	○	▲	▲	○	▲	325	5.3	23.7	22.0	21.3	0.7	0.9	
Softserve(Cup)	▲		▲		▲	○	▲								▲	▲			○	▲	▲	▲	▲	▲	▲	▲	▲	160	3.5	6.6	21.7	21.6	0.1	0.2	