Wendy's FirstKitchen Allergens and Nutrition List

Updated : 2024/10/03

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	Specified ingredients								Items equivalent to specified ingredients																											
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean	13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple	20 Gelatin	※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent
																														kcal	g	g	g	g	g	g
Burger																																				
Tsukimi B.B.P. Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	○	○		▲		▲	▲		864	40.2	63.4	41.8	39.6	2.2	4.9
Tsukimi B.B.P. Chicken Burger	▲	▲	○		○	○	▲									▲	△		▲	○	○	○	○		▲		▲	▲		987	36.8	61.7	51.2	49.1	2.1	5.7
Jr. Tsukimi B.B.P. Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	○	○		▲		▲	▲		707	28.3	49.5	40.7	38.4	2.3	4.3
Teriyaki Baconator Single (on sale 10/10)	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		▲	▲		667	36.5	48.9	30.2	29.0	1.2	4.2
Teriyaki Baconator Double (on sale 10/10)	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		▲	▲		1,011	63.5	79.2	31.4	29.7	1.7	6.0
Teriyaki Baconator Chicken Fillet (on sale 10/10)	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	○		▲		▲	▲		790	33.1	47.2	39.6	38.5	1.1	4.0
Jr. Teriyaki Baconator (on sale 10/10)	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		▲	▲		450	21.4	29.9	28.7	27.4	1.3	3.2
WILD☆ROCK	▲	▲	△		○	○	▲									○	▲		▲	○	▲	▲	○		▲		▲	▲		870	58.0	77.5	4.8	3.4	1.4	4.4
Wendy’s Burger USA Single	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		578	32.5	40.9	29.7	28.0	1.7	3.5
Wendy’s Burger USA Double	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		925	60.4	70.8	31.4	29.1	2.3	5.3
Wendy’s Burger USA Triple	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		1,271	88.3	100.8	32.6	29.8	2.8	7.2
Baconator USA Single	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		▲	▲		666	36.3	49.3	28.4	27.1	1.3	3.8
Baconator USA Double	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		▲	▲		1,019	63.2	80.1	29.6	27.8	1.8	5.6
Wendy's Bacon Egg Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		○	▲		610	37.7	41.8	29.6	28.2	1.4	3.8
Wendy's Cheese Bacon Egg Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		○	▲		654	40.3	45.5	29.8	28.4	1.4	4.2
Teriyaki Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		537	29.8	37.4	30.1	28.7	1.4	3.2
Hamburger★	▲	▲	○		△	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		298	12.8	15.5	27.0	25.8	1.2	2.2
Cheeseburger★	▲	▲	○		△	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		343	15.4	19.2	27.2	26.0	1.2	2.5
Chicken Club Sandwich	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	○		▲		▲	▲		733	30.1	42.3	39.0	37.4	1.6	3.2
Teriyaki Chicken Burger	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	▲		▲		▲	▲		659	26.4	35.7	39.4	38.1	1.3	3.0
Chicken Fillet Burger USA	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	▲		▲		▲	▲		643	26.3	35.5	37.0	35.7	1.3	2.5
Spicy Chicken Fillet Burger USA	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	▲		▲		▲	▲		614	26.3	35.9	44.0	42.4	1.6	3.2
Crispy Chicken Burger	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	▲		▲		▲	▲		539	22.4	32.3	37.7	35.8	1.9	2.2
Teriyaki Crispy Chicken Burger	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	▲		▲		▲	▲		554	22.5	32.5	40.8	38.9	1.9	2.8
Jr.Cheese Burger Deluxe	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		419	15.7	27.0	28.2	26.7	1.5	2.8
Jr.Bacon Egg Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		○	▲		455	21.1	28.4	27.9	26.7	1.2	2.7
Jr.Cheese Bacon Egg Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		○	▲		501	23.7	32.1	28.1	26.9	1.2	3.1
Jr.Teriyaki Burger	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	▲		▲		▲	▲		379	13.1	23.5	28.7	27.4	1.3	2.6
Truffle & Mushroom Melt Double ★	▲	▲	○		○	○	▲									○	△		▲	○	▲	▲	○		▲		▲	▲		898	61.9	67.4	32.6	29.8	2.8	5.3
Truffle & Mushroom Melt Chicken Double ★	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	○		▲		▲	▲		1,143	55.1	63.9	51.3	48.8	2.5	5.0
Roast Beef Sandwich★	▲	▲	○		△	○	▲	△	△				△		△	○	△	△	▲	○	△	△	○		△		△	△		673	48.0	37.7	45.7	43.1	2.6	7.0

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																														kcal	g	g	g	g	g	g
Pasta ★																																					
Rich White Cream Black Truffle Pasta	▲	▲	○		○	○	▲									▲	▲		▲	○	○		○		▲		▲	▲		568	16.2	22.8	76.1	72.6	3.5	2.4
Black Truffle, Bacon and Butter Pasta	▲	▲	○		○	○	▲									▲	▲		▲	○	▲		○		▲		▲	▲		561	18.0	21.0	76.7	73.1	3.6	2.8
Bacon Butter Pasta	▲	▲	○		○	○	▲									▲	▲		▲	○	▲		○		▲		▲	▲		544	18.0	19.2	76.4	72.9	3.5	2.7
Shrimp Avocado Genovese Pasta	○	▲	○		○	○	○									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		579	18.4	24.3	73.4	68.7	4.7	3.1
Carbonara Spaghetti	▲	▲	○		○	○	▲									▲	▲		▲	○	○	▲	○		▲		▲	▲		546	17.8	20.4	73.7	70.7	3.0	2.6
Tomato Sauce Pasta with Mozzarella and Bacon	△	△	○		○	○	▲	△			△		△	△		△	△	△	▲	○	○	△	○		▲		△	○	△	662	26.7	24.9	80.2	73.4	6.8	4.2
Morning Menu																																					
B･E･L･T Sandwich	▲	▲	○		○	○	▲									▲	△		▲	○	▲	▲	○		▲		▲	▲		414	14.6	26.7	27.3	26.3	1.0	2.5
Breakfast Baconator	▲	▲	○		○	○	▲									▲	△		▲	○	▲	▲	○		▲		▲	▲		533	24.2	34.6	29.6	28.9	0.7	3.3
Breakfast Sandwich	▲	▲	○		○	○	▲									▲	△		▲	○	▲	▲	○		▲		▲	▲		390	14.3	23.6	30.1	28.5	1.6	1.9
Bacon Egg & Cheese Sandwich	▲	▲	○		○	○	▲									▲	△		▲	○	▲	▲	○		▲		▲	▲		329	15.0	18.1	25.1	24.1	1.0	2.0
Sausage Egg & Cheese Sandwich	▲	▲	○		○	○	▲									▲	△		▲	○	▲	▲	○		▲		▲	▲		444	22.5	26.8	27.3	26.2	1.1	2.4
Topping																																					
Beef Patty (S)	▲	▲	△		△	△	▲									○	▲		▲	▲	▲	▲	▲		▲		▲	▲		151	7.9	13.1	0.3	0.3	0.0	0.3
Beef Patty (L)	▲	▲	△		△	△	▲									○	▲		▲	▲	▲	▲	▲		▲		▲	▲		301	25.3	26.2	1.0	0.5	0.5	0.5
Bacon 3pieces	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	○		▲		▲	▲		52	1.6	4.7	0.3	0.3	0.0	0.3
Sliced Cheese 1piece	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		45	2.5	3.7	0.2	0.2	0.0	0.4
Cheese Source	▲	▲	▲		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		28	0.7	1.4	0.9	0.9	0.0	0.3
Chili for Chili & Cheese Fries	▲	▲	△		△	△	▲									○	▲		▲	▲	▲	▲	▲		▲		▲	▲		32	1.7	1.5	3.1	2.6	0.5	0.3
Pickles 2pieces	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		1	0.1	0.1	0.2	0.2	0.0	0.2
Lettuce	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		2	0.1	0.1	0.3	0.2	0.1	0.0
Onion	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		1	0.1	0.1	0.2	0.1	0.1	0.0
Sliced Tomatoes 1piece	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		4	0.2	0.1	1.0	0.8	0.2	0.0
Dip Potato																																					
Dip Potato (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		231	2.8	13.1	26.6	24.5	2.1	1.3
Dip Potato (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		352	4.2	19.9	40.5	37.3	3.2	2.0
Dip Potato (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		462	5.5	26.1	53.1	49.0	4.1	2.6
Dip Potato (Box)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		923	11.0	52.1	106.3	97.9	8.4	5.2
(BBQ)			○																	○										23	0.1	0.2	5.4	5.2	0.2	0.4
(Honey Mustard)																											○			34	0.2	2.1	3.6	3.5	0.1	0.3
(Garlic Mayo)					○												○													42	0.2	3.3	2.9	2.8	0.1	0.5
(Smoked Cheese)					○	○																								30	0.7	2.6	1.7	1.7	0.0	0.5
(Cod roe mayo)			○		○													○		○										72	0.1	7.4	0.7	0.7	0.0	0.5

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																														kcal	g	g	g	g	g	g
Potato																																					
Plain(salt) (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		231	2.8	13.1	26.6	24.5	2.1	1.3
Plain(salt) (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		352	4.2	19.9	40.5	37.3	3.2	2.0
Plain(salt) (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		462	5.5	26.1	53.1	49.0	4.1	2.6
Plain(salt) (Box)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		923	11.0	52.1	106.3	97.9	8.4	5.2
Basil Butter Flavor (M)	▲	▲	○		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		363	4.7	20.0	42.6	39.2	3.4	2.7
Basil Butter Flavor (L)	▲	▲	○		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		473	6.0	26.2	55.2	50.9	4.3	3.3
Basil Butter Flavor (箱)	▲	▲	○		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		945	12.0	52.4	110.4	101.7	8.7	6.6
Scallop Butter Flavor (M)	▲	○	○		▲	○	▲									▲	▲		○	○	▲	▲	▲		▲		▲	○		363	4.7	20.0	42.6	39.4	3.2	2.8
Scallop Butter Flavor (L)	▲	○	○		▲	○	▲									▲	▲		○	○	▲	▲	▲		▲		▲	○		473	6.0	26.2	55.2	51.0	4.2	3.4
Scallop Butter Flavor (箱)	▲	○	○		▲	○	▲									▲	▲		○	○	▲	▲	▲		▲		▲	○		946	11.9	52.4	110.5	102.0	8.5	6.7
Savory Steamed Potato Butter Flavor (M)	▲	▲	○		▲	○	▲									○	○		▲	○	○	▲	○		▲		▲	○		364	4.8	20.1	42.4	39.1	3.3	2.8
Savory Steamed Potato Butter Flavor (L)	▲	▲	○		▲	○	▲									○	○		▲	○	○	▲	○		▲		▲	○		474	6.1	26.4	54.9	50.7	4.2	3.4
Savory Steamed Potato Butter Flavor (Box)	▲	▲	○		▲	○	▲									○	○		▲	○	○	▲	○		▲		▲	○		946	12.2	52.6	109.9	101.4	8.5	6.7
Burnt Butter Soy Sauce Flavor (M)	▲	▲	○		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		363	4.6	20.0	42.7	39.5	3.2	2.8
Burnt Butter Soy Sauce Flavor (L)	▲	▲	○		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		473	5.9	26.2	55.4	51.2	4.2	3.4
Burnt Butter Soy Sauce Flavor (Box)	▲	▲	○		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		945	11.7	52.3	110.7	102.3	8.4	6.8
Chicken Consomme Flavor (M)	▲	▲	○		▲	○	▲									▲	▲		▲	○	○	▲	▲		▲		○	▲		363	4.7	20.0	42.5	39.2	3.3	2.9
Chicken Consomme Flavor (L)	▲	▲	○		▲	○	▲									▲	▲		▲	○	○	▲	▲		▲		○	▲		473	6.0	26.2	55.1	50.9	4.2	3.5
Chicken Consomme Flavor (Box)	▲	▲	○		▲	○	▲									▲	▲		▲	○	○	▲	▲		▲		○	▲		944	12.0	52.3	110.2	101.7	8.5	6.9
Round Hash Browns (3pcs)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		230	1.3	18.6	13.9	12.6	1.3	0.8
Side Menu																																					
Chicken Nuggets 5pcs	▲	▲	○		○	○	▲									▲	▲		▲	○	○	▲	▲		▲		▲	▲		384	13.0	32.0	9.0	8.2	0.8	1.9
Chicken Nuggets 10pcs	▲	▲	○		○	○	▲									▲	▲		▲	○	○	▲	▲		▲		▲	▲		767	26.0	64.0	18.0	16.4	1.6	3.8
(BBQ)			○																	○										23	0.1	0.2	5.4	5.2	0.2	0.4
(Honey Mustard)																											○			34	0.2	2.1	3.6	3.5	0.1	0.3
(Garlic Mayo)					○												○													42	0.2	3.3	2.9	2.8	0.1	0.5
(Smoked Cheese)					○	○																								30	0.7	2.6	1.7	1.7	0.0	0.5
(Cod roe Mayo)			○		○													○		○										72	0.1	7.4	0.7	0.7	0.0	0.5
Fried Chicken 1pcs	▲	▲	○		○	○	▲									▲	△		▲	○	○	▲	▲		▲		▲	▲		508	14.2	41.6	16.8	16.4	0.4	1.4
Chicken Fillet BOX (6pcs)	▲	▲	○		▲	○	▲									▲	▲		▲	○	○	▲	▲		▲		▲	▲		2,544	131.4	147.0	62.4	60.0	2.4	8.4
Wendy's Chili (M)	▲	▲	△		△	△	▲									○	▲		▲	▲	▲	▲	▲		▲		▲	▲		210	15.2	12.6	14.5	10.0	4.5	2.2
Wendy's Chili (L)	▲	▲	△		△	△	▲									○	▲		▲	▲	▲	▲	▲		▲		▲	▲		296	21.5	17.8	20.4	14.1	6.3	3.1
Hot chili seasoning																	○													6	0.0	0.1	1.3	1.3	0.0	0.7

Wendy's FirstKitchen Allergens and Nutrition List

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	Specified ingredients								Items equivalent to specified ingredients																												
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean	13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple	20 Gelatin	※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent
																														kcal	g	g	g	g	g	g
Side Menu																																					
French Fries Chili&Cheese	▲	▲	△		△	○	▲									○	▲		▲	○	▲	▲	▲		▲		▲	▲		346	7.4	17.8	40.4	36.8	3.6	2.3
Share Pack (A)(For 1~2 people)	▲	▲	○		○	○	▲									▲	▲		▲	○	○	▲	▲		▲		▲	▲		1,694	62.3	107.1	82.9	77.2	5.7	7.3
Share Pack (B)(For 1~2 people)	▲	▲	○		▲	○	▲									▲	▲		▲	○	○	▲	▲		▲		▲	▲		1,771	54.8	101.1	127.1	117.9	9.2	8.0
Dessert																																					
Supernal Matcha®Pudding Dango, Azuki and Softserve	▲	▲	△		△	○	▲		△				△		△	▲	△		▲	○	△	△	▲		△		△	○		359	6.6	13.4	53.9	52.0	1.9	0.4
High-Roasted Tea Pudding Dango, Azuki and Softserve	▲	▲	△		△	○	▲		△				△		△	▲	△		▲	○	△	△	▲		△		△	○		359	6.3	13.4	54.2	52.1	2.1	0.4
Supernal Matcha®Pudding Dango and Azuki	▲	▲	△		△	○	▲		△				△		△	▲	△		▲	○	△	△	▲		△		△	○		231	3.8	8.1	36.5	34.7	1.8	0.2
High-Roasted Tea Pudding Dango and Azuki	▲	▲	△		△	○	▲		△				△		△	▲	△		▲	○	△	△	▲		△		△	○		231	3.5	8.1	36.9	34.9	2.0	0.2
Dango,Azuki & Softserve	▲	▲	▲		▲	○	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		291	6.3	6.9	51.2	49.1	2.1	0.3
Mini Pancakes - with Butter Sauce 7pcs	▲	▲	○	△	○	○	▲									▲	▲		▲	○	▲	▲	▲		▲		△	▲		261	4.3	15.8	25.5	24.8	0.7	0.9
Mini Pancakes - with Butter Sauce 28pcs	▲	▲	○	△	○	○	▲									▲	▲		▲	○	▲	▲	▲		▲		△	▲		976	17.1	56.6	99.8	97.0	2.8	2.9
Tapioca																																					
High-Roast Brown Tea Tapioca Latte with Marron	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		315	7.2	7.1	56.0	54.8	1.2	0.2
Supernal Matcha® Tapioca Latte with Marron	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		314	7.2	7.1	55.9	54.8	1.1	0.2
Supernal Brown Sugar Matcha Latte	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		352	1.9	13.2	57.7	56.5	1.2	0.5
High-Roasted Brown Sugar Tea Latte	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		355	1.7	13.2	57.9	56.5	1.4	0.5
Brown Sugar Latte	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		345	1.0	13.1	56.5	56.5	0.0	0.5
Sparkling Tapioka Mango	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		323	0.3	0.5	80.4	80.1	0.3	0.1
Sparkling Tapioka Strawberry	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		310	0.5	0.5	77.6	77.1	0.5	0.1
Milk Tapioca Marron	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		320	7.3	7.5	56.0	55.5	0.5	0.3
Milk Tapioka Mango	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		349	7.2	7.6	64.0	63.7	0.3	0.3
Milk Tapioka Strawberry	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		336	7.4	7.6	61.2	60.7	0.5	0.3
Hot Drink																																					
Coffee (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		8	0.4	0.0	1.3	—	—	0.0
Coffee (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		10	0.5	0.0	1.6	—	—	0.0
Caffe Latte (S)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		59	3.1	3.1	4.5	—	—	0.1
Caffe Latte (M)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		78	4.1	4.1	6.0	—	—	0.2
Supernal Matcha Latte	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		88	4.9	4.6	6.8	6.0	0.8	0.2
High-Roasted Tea Latte	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		88	4.8	4.6	7.0	6.0	1.0	0.2
Supernal Matcha®	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		4	0.3	0.1	0.4	0.0	0.4	0.0
High-Roasted Tea	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		4	0.3	0.1	0.5	0.0	0.5	0.0
Darjeeling Tea	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		0	0.0	0.0	0.0	0.0	0.0	0.0
Peach Tea	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		○		▲	▲		31	0.2	0.0	8.0	—	—	0.0

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																														kcal	g	g	g	g	g	g
Cold Drink																																					
Coffee (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		7	0.3	0.0	1.1	—	—	0.0
Coffee (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		12	0.6	0.0	2.0	—	—	0.0
Coffee (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		14	0.7	0.0	2.5	—	—	0.0
Caffe Latte (S)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		49	2.6	2.6	3.8	—	—	0.1
Caffe Latte (M)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		90	4.8	4.8	7.0	—	—	0.2
Caffe Latte (L)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		122	6.5	6.5	9.3	—	—	0.2
Black Tea	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		10	0.2	0.0	2.3	—	—	0.1
Peach Tea	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		○		▲	▲		46	0.2	0.0	12.0	—	—	0.0
Supernal Matcha® Latte (S)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		88	4.9	4.6	6.8	6.0	0.8	0.2
Supernal Matcha® Latte (M)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		156	8.8	8.1	12.3	10.7	1.6	0.3
High-Roasted Tea Latte (S)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		88	4.8	4.6	7.0	6.0	1.0	0.2
High-Roasted Tea Latte (M)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		156	8.6	8.1	12.6	10.7	1.9	0.3
Supernal Matcha® (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		5	0.4	0.1	0.5	0.0	0.5	0.0
Supernal Matcha® (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		7	0.6	0.1	0.8	0.0	0.8	0.0
High-Roasted Tea (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		5	0.3	0.1	0.6	0.0	0.6	0.0
High-Roasted Tea (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		7	0.5	0.1	1.0	0.0	1.0	0.0
Pepsi Cola (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		69	0.0	0.0	17.0	17.0	0.0	0.1
Pepsi Cola (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		109	0.0	0.0	27.2	27.2	0.0	0.1
Pepsi Cola (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		205	0.0	0.0	51.0	51.0	0.0	0.1
Melon Soda (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		69	0.0	0.0	17.1	17.1	0.0	0.1
Melon Soda (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		110	0.0	0.0	27.4	27.4	0.0	0.1
Melon Soda (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		206	0.0	0.0	51.3	51.3	0.0	0.1
7up (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		114	0.0	0.0	28.5	28.5	0.0	0.1
7up (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		182	0.0	0.0	45.5	45.5	0.0	0.2
7up (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		231	0.0	0.0	57.8	57.8	0.0	0.2
Lemonade (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		73	0.2	0.0	18.3	18.3	0.0	0.1
Lemonade (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		122	0.2	0.0	30.5	30.5	0.0	0.1
Lemonade (L)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		219	0.4	0.0	54.9	54.9	0.0	0.2
Oolong Tea (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		2	0.0	0.0	0.4	0.4	0.0	0.1
Oolong Tea (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		3	0.0	0.0	0.5	0.5	0.0	0.1
100%Apple juice (S)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		○	▲		113	0.4	0.0	27.9	27.9	0.0	0.1
100%Apple juice (M)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		○	▲		181	0.7	0.0	44.5	44.5	0.0	0.1

Wendy's FirstKitchen Allergens and Nutrition List

Updated : 2024/10/03

The following is based on an investigation of raw materials in accordance with the Food Labeling Act,

◆Nutritional component values are based on analytical values or the Standard Tables of Food Composition in Japan, 7th Edition. Values shown are standard values based on formulation. Since each product is handmade, there may be errors in the numerical values of the actual product. ◆Allergy information may contain ingredients that are not originally used in the product, mixed in during factory production or store cooking, and some ingredients may differ depending on the store, and therefore are not absolute. When in doubt, please consult with your doctor prior purchase.

※Values shown are per serving. (Some are for every 100 grams)

※If the component value is 0, this means an item does not contain or only contains a minor amounts. If it is not analyzed, it is displayed as (-).

※Condiments such as coffee cream are not shown. Please see the table below.

※Please note that the information will be updated periodically as the product offerings change.

※Not all products are available at all stores.

○: contained as an ingredient.
△: Manufacturing plants manufacture products that contain these allergens.
▲: Cooking utensils, dishwashing machines, and kitchen sinks that come into contact with this ingredient are washed in the store are not separated.
Unmarked: not used as an ingredient.
★＝Only available at selected shops.

	Specified ingredients								Items equivalent to specified ingredients																												
	1 Shrimp	2 Crab	3 Wheat	4 Buckwheat	5 Egg	6 Dairy products	7 Peanut	8 Walnut	1 Almond	2 Abalone	3 Squid	4 Salmon roe	5 Orange	6 Cashewnut	7 Kiwi fruit	8 Beef	9 Sesame	10 Salmon	11 Mackerel	12 Soybean	13 Chicken	14 Banana	15 Pork	16 Matsutake mushroom	17 Peach	18 Yam	19 Apple	20 Gelatin	※ Seafood	Calories	Protein	Fat	Carbohydrates	Saccharides	Dietary fiber	Salt equivalent
																														kcal	g	g	g	g	g	g
Float																																					
Cream Soda Float	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		230	2.8	5.3	42.7	42.6	0.1	0.2
Cola Float	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		229	2.8	5.3	42.4	42.3	0.1	0.2
Coffee Float	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		129	2.9	5.3	17.6	17.3	0.3	0.2
Supernal Matcha® Float	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		133	3.3	5.4	18.0	17.3	0.7	0.2
High-Roasted Tea Float	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		133	3.2	5.4	18.1	17.3	0.8	0.2
Peach Tea Float	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		○		▲	▲		225	2.9	5.3	42.8	42.7	0.1	0.4
Craft Beer																																					
SPRING VALLEY 豊潤＜４９６＞	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲								
SPRING VALLEY SILK ALE＜White＞	▲	▲	○		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲								
BROOKLYN LAGER	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲								
SPRING VALLEY Afterdark	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲								
as you like																																					
Cream						○														○										10	0.2	1.0	0.1	0.1	0.0	0.0
Corn syrup																														34	0.0	0.0	8.4	—	–	0.0
Suger																														12	0.0	0.0	3.0	—	–	0.0
Potion lemon																														1	0.0	0.0	0.3	—	–	0.0
Grated PARMESAN Cheese (per100g)						○																								501	43.3	34.9	3.4	3.4	0.0	3.1
(RED) HABANERO PEPPER SAUCE (per100g)																														29	0.6	0.5	5.4	4.1	1.3	6.6
Ketchup (per100g)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		94	1.5	0.2	21.5	19.9	1.6	2.9
Event ★																																					
Shaved ice〔strawberry〕	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		110	0.0	0.0	29.7	29.7	0.0	0.1
Shaved ice〔strawberry〕(Big)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		175	0.0	0.0	47.5	47.5	0.0	0.1
Shaved ice〔Blue hawaii〕	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		110	0.0	0.0	29.7	29.7	0.0	0.1
Shaved ice〔Blue hawaii〕(Big)	▲	▲	▲		▲	▲	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		175	0.0	0.0	47.5	47.5	0.0	0.1
Frankfurter sausage	▲	▲	▲		▲	○	▲									○	▲		▲	○	○	▲	○		▲		▲	▲		271	9.9	24.2	2.4	—	–	1.5
Fried Chicken 5pcs	▲	▲	○		○	○	▲									▲	▲		▲	○	○	▲	▲		▲		▲	▲		558	16.1	46.4	17.5	16.7	0.9	2.1
Thick Cut! Ham Cutlet	▲	▲	○		○	○	▲									▲	▲		▲	○	▲	▲	○		▲		▲	○		302	7.4	22.3	17.2	16.9	0.3	1.2
Round Hash Browns (5pcs)	▲	▲	▲		▲	▲	▲									▲	▲		▲	○	▲	▲	▲		▲		▲	▲		458	2.1	38.7	24.1	21.9	2.2	1.3
Softserve(Cup)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		160	3.5	6.6	21.7	21.6	0.1	0.2
Softserve(BIG)	▲	▲	▲		▲	○	▲									▲	▲		▲	▲	▲	▲	▲		▲		▲	▲		400	8.8	16.5	54.3	54.0	0.3	0.6